

2016—The Year of The Hermit

Last year was a year focused on **Balance**—creating more simplicity, clarity, order and harmony in our lives. The primary challenge of last year was being confronted with (and, hopefully changing) all the ways we let self-doubt or doubt from others interfere with what we know is best.

The primary symbol for this year is the **HERMIT**, which is a symbol of mastery and completion. The Hermit invites us on our own personal vision quest to experience Divine inspiration and illumination from within. This is a year to complete any unfinished business from the past. It is a time for contemplation and you may even be called to create some periods of retreat or silence. The primary form of leadership expressed by the Hermit is leadership by example. The Hermit lights the way by following his/her own path, and it may be that others will be called to you to model the way you are leading your life or handling some area of your life. The primary teaching of the Hermit is by living—walking your talk—rather than by didactic teaching or talking.

During this year, you will be faced with opportunities to become aware of any areas in your life where you are held back or hurt by self-cruelty or criticalness—all the ways you are your own worst critic, where you are harder on yourself than you are on others or where you hold yourself to a higher standard (perhaps an unreasonable or even impossible standard of perfection). This could be experienced as just more fuel for your perfectionistic fires unless you recognize that the gift of this year is the energy and support to change these patterns. You cannot change an old pattern without first becoming aware of what it is and its impact in your life. Celebrate these awarenesses and use the energy of the Hermit to choose again.

The keys:

1. Give yourself plenty of space this year—physical, mental, emotional, spiritual—to discover your inner resources and to recognize and change outmoded patterns. The Hermit supports our transition from completions to new initiations.
2. Be willing to totally abandon convention—the way everyone else does things, the ways things are supposed to be, the way you have always done something, the way it should be done—in favor of your own inner conviction.

“I know truth in mastery.”

“I experience mastery of my inner and outer worlds through affirmation of personal conviction and honoring the truth of who I am in all circumstances.”

I patiently follow the guidance of my higher self on the path to enlightenment.”

This year is also a year focused on **Making Peace**—moving out of defensive patterns of relationship with the world where you rely on your limited self to meet all of your needs, and moving into a pattern of defenselessness, knowing your true relationship with the Divine and the strength, guidance and abundance which is yours in that relationship. The Peacemaker needs to release all self-limiting thoughts, all lack of self-love and all belief that guidance, support or energy must be supplied from some outside source in order for you to be effective in this world. Development of unconditional love as a basic principle at work in your life frees you to: 1) know you are lovable, 2) fully love yourself, and 3) freely and fully give love to others.

“My inner peace creates reunion.”

“I am unlimited, thankful and free knowing the power of unconditional love flows perfectly to me and through me, transforming the world.”

The primary support tools available in this year are:

- **The Empress**—when we begin to indulge in self-cruelty and self-criticalness, we must return to our ability to give and receive love, having heart and mind in equal balance. We must be trusting and receptive and express ourselves emotionally.

“I am open to receive all good.”

“I am nurtured by the unlimited abundance surrounding me as I equally give and receive unconditional love.”

“I am a fertile garden in which creativity can be nurtured to fruition.”

- **The Humanitarian**—Utilize the wisdom you have gained from your life’s experiences to help you see how everything goes together perfectly to serve the higher good. Pay attention to detail, being systematic and methodical so nothing gets missed. Maintain your adaptability and flexibility so you can build new skills from past experience to improve the way things are and make them more efficient in serving yourself and everyone.

“I analyze and see our way to Oneness.”

“My clear vision of the whole brings all pieces of my world into harmonious and right relationship.”

“I unconditionally give of myself.”

“I freely give all that I am and have in the loving service of mankind, knowing that I too am perfectly loved and provided for.”

- **The Subtle Body**—Representing mastery, steadfastness and calmness.

“I am calm, knowing mastery of Self.”

“I am peaceful, gentle and calm, knowing that strength and protection are found within mastery of the Self.”

Dr. Robert Waldon offers personal, one hour recorded symbolic readings for individuals or couples. Symbolic Life Purpose Readings cover your mission, purpose & gifts; your Soul’s ultimate purpose; where you are in your personal program now; guidance on relationship with each aspect of your world; balancing your life for highest Spiritual expression. His book, **Soul’s Awakening**, is a self-guided symbolic workbook covering a synthesis of spiritual symbolic tools for your life.

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