

2019—*Hanged Man*

2018 was a year focused on **STRENGTH**, which is a symbol of self-renewal through your creativity and strength. The primary challenge of 2018 was overcoming old fears and having the courage to risk and have faith in yourself.

During 2019, you will be faced with opportunities to break destructive, limiting patterns and habits in your life. The challenge will be coming up against historical patterns of limitation. It is important to be open to see the love in all events and surrender to your higher Spiritual nature. This is a year to carefully examine your motives for any sacrifices you are or have been making and to stop sacrificing just to make yourself or others more comfortable.

The keys:

1. You must listen to your inner, higher self, freeing yourself and others from self-imposed limitations.
2. This is a year of transformation, initiation or transition from one state to another. You will become aware of a deep desire to change and need to develop total trust in, and surrender to, your higher spiritual nature.

“I surrender to my highest good.”

“I surrender to the transforming Spirit within, no longer content with old patterns of making myself and others limited and comfortable.”

“I am willing to suspend my personal comforts for the richness of the spirit.”

This is also a year focused on **Achievement** experienced by moving away from aggressive behavior and adopting a more accepting behavior. You can move from being on the offensive against the world to becoming more accepting of the world as it is. This eliminates any need to be successful at any cost and allows for full expression of values and personal integrity in all activities. You need to see your worth as measured by success in relationships versus accomplishment of tasks. It is valuable for you to see how you fit into the whole, allowing you to identify with the success and achievements of the partnership or group as a whole, rather than your personal accomplishments alone.

“All is accomplished in Divine Order.”

“I experience total success in all my activities by freeing myself from the burden of obsessive over-planning and allowing the Divine plan to work through me.”

The primary support tools available during this year are:

- **The Lovers**—When you find yourself over-giving, pushing, not nurturing yourself or sorrowful, you must adopt the characteristics of the Lovers, opening to equal relationships, reconcile dualities, open to inspiration and Divine wisdom and balance giving and receiving

“I love all unconditionally.”

“Through giving total freedom and trust I release all apparent polarities and stuckness opening to the perfect experience of love in every relationship.”

“I choose to be free from inhibition, guilt and bondage in all my relationships.”

- **The Willful Expresser**— This is becoming the authority in your own life. It is opening to new expressions of yourself and becoming an open channel for inspiration, intuition and inspiration.

“I will and it is so.”

“My vitality, enthusiasm and full expression create the world I choose.”

- **The Positive Mind**— This is the part of us that sees opportunities and benefits and which is concerned with equality and humanitarian ideals.

“I see good and know it.”

“I see the good in all people and events, opening me to unlimited opportunities and the experience of abundance for All.”

Dr. Robert Waldon offers personal, one hour recorded symbolic readings for individuals or couples. Symbolic Life Purpose Readings cover your mission, purpose & gifts; your Soul's ultimate purpose; where you are in your personal program now; guidance on relationship with each aspect of your world; balancing your life for highest Spiritual expression. His book, **Soul's Awakening**, is a self-guided symbolic workbook covering a synthesis of spiritual symbolic tools for your life.

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