## 2021 The Year of The Metal Ox



The Lunar New Year starts on Friday, February 12 and ends on January 31, 2022.

The Ox is the second of all zodiac animals. According to one myth, the Jade Emperor said the order would be decided by the order in which they arrived at his party. Rat had talked Ox into giving him a ride. The Ox was about to be the first. Then, just as they arrived, Rat jumped down and landed ahead of Ox. Thus, Ox became the second animal.

Oxen are the hard workers in the background, intelligent and reliable, but never demanding praise.

2020 was the year of the Rat, which typically signifies renewal and the opportunity for success in new ventures. As we now know, the world did go through a distinct changing of the times, but not in the way anyone had hoped. Political turmoil, social unrest, economic decline, and a once in 100-years global pandemic severely altered our lives.

While 2020 may seem like it was an epic disaster, the year of the Rat did present us with a new opportunity: to change the world for the better. The message couldn't be clearer for 2021: Success will come to those who work hard. *Really hard*.

Ox is synonymous with prosperity and consolidation of gains, but 2021 presents its share of obstacles to overcome. This will be a year to when we will benefit from anticipating and planning for those difficulties, while never giving up on our dreams. We will need to be able to adapt to situations that do not necessarily suit us, remembering that excess anger in an Ox year can cause irreversible damage.

Ox is very hardworking and methodical and 2021 is going to be a year when work will get rewarded. This is going to be a year when we will fully feel the weight of our responsibilities, a year when it is necessary to double our efforts to accomplish anything at all.

Due to the Yin nature of this year, it is going a perfect time to focus on improving our relationships, whether we are talking about friendships or love. You will need to work hard on yourself and become more tolerant in order to be loved by others. Communication is key to healthy relationships.