

2020 The Year of The Metal Rat



The Lunar New Year starts on Saturday, January 25th and ends on February 11th, 2021. The Rat is the first sign from the 12 animal cycles of the Chinese Astrology, and for this reason, 2020 is considered a year of new beginnings and renewals.

The Rat is the Chinese zodiac sign known for being inquisitive, shrewd, and resourceful. The Rat is also the first in the rotation of the 12 zodiac signs, meaning that a Rat year is a year of renewal. So, when a Rat year comes, it generally delivers new experiences with favorable outcomes for all of the signs. The Metal element aspect also indicates success, as this is the element of production. Metal is strong, determined, and resolute. With all of these properties combined, 2020, the year of the Metal Rat, looks to be a year that is filled with growth and accomplishments.

The Metal Rat Year is going to be a strong, prosperous, and lucky year for almost all Chinese zodiac signs. It is going to bring us creative energy, an energy which can manifest by fulfilling plenty of things you wish for in your life. You will have the feeling that everything is possible, that you are the creator of your own life and that yes, you have the power to be whoever you want to be. But, beware! Your initiatives will only be successful if they are carefully planned and followed through on.

The Year of the Rat 2020 is under the sign of the Metal astral element, unlike the Pig Year, which has been under the Earth element. All the actions initiated this year are driven by the desire for success. You need to follow your goals with confidence and determination. You have to be steadfast in order to accomplish your objectives and never let yourself be discouraged by failure, problems or difficulties. Although some days you might seem to be somewhat unreasonable, inflexible, and stubborn, you need to be true to your vision, count on your own strength and solve your own problems.

During the Metal Rat Year, apart from moments of temporary exhaustion, all the zodiac signs will enjoy good health. Moreover, the second part of 2020 comes with a lot of energy and overall wellness, so conditions gets better and better. Throughout 2020, physical activity is still the best medicine and it should be prescribed to each of us for improving our health, for longevity and for general well-being. Practiced with regularity, it boosts energy, increases productivity and helps you have more restful sleep.